Welcome to Using DSM-5 and ICD 10-11

in Child and Adolescent Populations!

This seminar / workshop is designed to be a fun and practical learning experience. All too often CPD events consist of someone ‘talking at us…’ with the help of a lot of PowerPoint slides!

This course is different from the outset. It is designed to involve you, your ideas, and your clinical experience in the learning process. After all, you already bring a wealth of experiences to the table – and we all want to benefit from these.

You will benefit most if you can set aside a few hours prior to (and after) the seminar to read, question, and reflect on the material provided.

Please do not feel panic or pressure! There are no right or wrong answers or ideas, and your work will remain your own (apart from me checking to see you have completed the additional tasks for the additional CPD credit!).

It is my great hope that what we share together will enhance your clinical practice from the very next client you see.

So, let’s get started?

**Task 1:** Read the following sections of your DSM-5.

Pages 5-24, and Pages 809-817.

**Task 2:** Go to [www.childpsychology.net.au](http://www.childpsychology.net.au) website and find the ‘Resources’ option under ‘PD & Training.’

Click the link for the ‘DSM/ICD Pre-Reading’.

Read the summary article “Time to choose – DSM-5, ICD-11 or both?” by Peter Tyrer.

**Reflection Questions:**

**Question 1:** What are some reasons against maintaining two independent nosologies in mental health (see Page 11).

**Question 2:** What are some of the similarities and differences between DSM-5 and ICD-10/11?

**Question 3:** Choose a disorder of interest and summarise they key changes from DSM-IV to DSM-5. Do you think the change has been an improvement?